

The **Student Support Initiative** presents...

HABITS OF SUCCESS

HOS Workshops include **9** topics for students to engage in as a part of their first-and-second-year experience

Goal Setting

Tuesday, Sept 20th 1pm - 2pm | CSC 333

Time management

Wednesday, Sept 28th 1pm - 2pm | CSC 333

Concentrating on Success

Wednesday, Oct 5th 11am - 12pm |



Study Skills/Exam Taking Tips

Tuesday, Oct 11th 12:30pm - 1:30pm | CSC 333

Improve Attention & Memory

Wednesday, Oct 19th 2pm-3pm | CSC 333

Holistic Wellness & Mindfulness

Thursday, Oct 27th 12:30pm - 1:30pm | CSC 333

Undergraduate Research

Wednesday, Nov 2nd 11am - 12pm | CSC 434

Imposter Syndrome /Deconstructing Success

Monday, Nov 7th 2pm - 3pm | CSC 333

Finals Prep

Tuesday, Nov 15th 11am-12pm | CSC 333

Can't make a workshop? Individual HOS coaching sessions will be held Monday through Friday from 12-4pm | 2nd floor Stearns Book on Navigate!



Northeastern University
Student Support Initiative